

# All inc Trampolining

because anyone can bounce

Inclusive trampoline sessions for children & adults with disabilities/additional needs

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 all inc trampolining

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**British  
Gymnastics**  
More than a sport

**sported**  
changing young lives through sport



LOTTERY FUNDED

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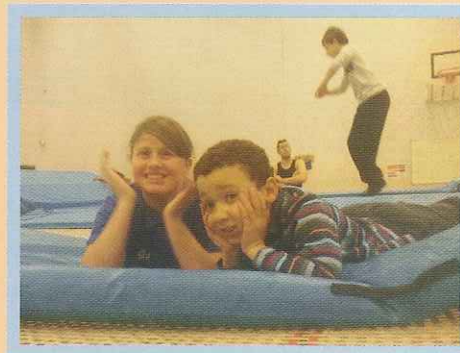
## About Us

All Inc Trampolining is a parent-led club running inclusive trampoline sessions for children and adults with disabilities/additional needs.

We are affiliated to British Gymnastics and sessions are led by qualified coaches supported by volunteers. Members can work towards BG Trampoline Achievement Awards or simply enjoy the activity and have fun. Members also have access to the sensory room. This is particularly useful for people who find it difficult to wait between turns on the trampoline.

## Volunteering at All Inc

As a not-for-profit group we rely on volunteers not only to manage the club but also to offer support during the sessions. If you are interested in trampolining you can assist the coaches and, if you want to improve your coaching skills, the club can mentor and subsidise coaching courses. Other volunteers help to keep our members involved and occupied between bounces. We accept new volunteers all year round.



Get in touch if you would like to join or volunteer

Sessions run between 10am and 1pm on Saturdays during School term-time at  
Goals Soccer Centre, Norfolk Park Road, S2 2RU